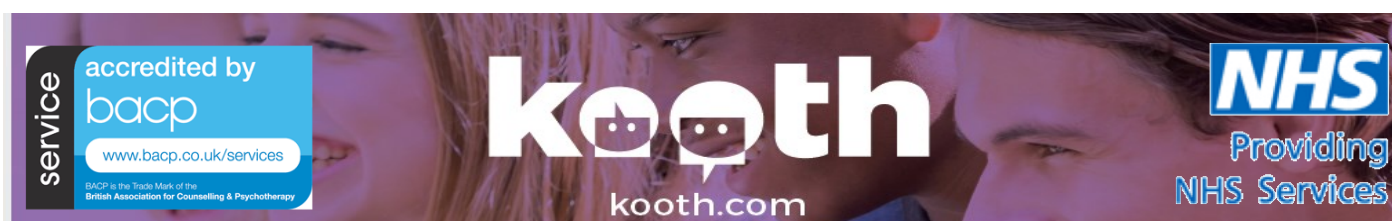




## Pastoral News

A big welcome to all new pupils and parents and welcome back to existing pupils and parents. We hope that you all had a great summer. The Corbet School's first pastoral publication was launched in July in which our feature was "Social Media and Inappropriate Messaging", we hope that you found this useful and would ask for your continued support in regularly checking your child's mobile phone; ensuring privacy settings are set to prevent access from anyone they do not know; become app savvy and set parent controls in place on all devices which have internet access. For any parents/guardians worried about social media or inappropriate messaging please find links below for a selection of websites which you may find useful to refer to for guidance:

[www.nspcc.org.uk](http://www.nspcc.org.uk) [www.net-aware.org.uk](http://www.net-aware.org.uk) [www.thinkuknow.co.uk/parents/](http://www.thinkuknow.co.uk/parents/) [www.ceop.police.uk](http://www.ceop.police.uk)



In our previous issue we drew your attention to [www.kooth.com](http://www.kooth.com), a provider of online mental health services for children and young people. A representative from Kooth has been in school talking to pupils during assembly. Kooth has been commissioned by the local NHS Clinical Commissioning Group, as an online counselling, advice and support service for young people aged 11-25 across the Shropshire, Telford and Wrekin areas. It provides a safe, secure means of accessing help via the internet from a professional and fully qualified team of counsellors.

Whilst your child may not need or use the service, as part of supporting our students, we are ensuring all young people are aware of provisions in the area that could assist them, now or in the future.

Kooth is:

- Safe, confidential, anonymous
- Free at the point of need
- Available through a smart phone, tablet or computer

Kooth helps to reduce wait times for young people seeking help and removes stigma around mental health. It integrates with face to face local services to ensure a seamless transition for young people. It is manned by a team of accredited counsellors, therapists and support workers providing guided, outcome-focused help for each individual.

The service is offered Monday to Friday 12pm—10pm and Saturday and Sunday 6pm—10pm. This is an online service with text based counselling offered as the first port of call. There are self help materials available. They have fully moderated peer to peer support forums and debates.

